

CHURCH OUTDOORS

NATURE PRAYER WALK FOR FAMILIES.

Use this guide to pray during your outdoor adventure.

LISTEN for a bird singing. Is the song high or low, fast or slow?

THE BIBLE SAYS: Sing to God a new song, let all the earth praise Him! Ps 96:1

PRAY: Dear Jesus, my favorite song to sing to You is

FIND an ant. Watch where it goes for 1 minute.

THE BIBLE SAYS: Study the ant, learn from its ways. It's never lazy! Prov. 6:6

PRAY: Teach me how to work hard and rest well. Forgive me for being lazy sometimes.

PICK and eat a wild berry. What does it taste like?

THE BIBLE SAYS: "Taste and see the Lord is good!" Ps 34:8

PRAY: Thank you for the tasty treats You created. It is nice to spend time with you Jesus!

SMELL a wildflower. How do you describe the scent?

THE BIBLE SAYS: God's breath on us is like a breeze spreading a garden's perfume Song of Songs 4:16

PRAY: Guide my words and actions to be pleasant and make someone else's day better.



FIND the cone of an evergreen tree. Look for seeds tucked within.

THE BIBLE SAYS: The smallest of all seeds can grow to be a giant tree (Matt 13:32)

PRAY: Help me to trust You God to turn small beginnings into big blessings.

LOOK for shapes in the clouds. What do you see? Did it change into something else?

THE BIBLE SAYS: God dissolves our faults and sins like vanishing fog or clouds. Is 44:22

PRAY: Your patience and love for me is out of this world!

DIP your fingers or toes into a stream or sip some cold water.

THE BIBLE SAYS: Good news is like cool water to a weary soul. Prov 25:25

PRAY: Show me how to share the good news of God's love to others.

